

Essential Pregnancy Vaccines:

Tetvac Influvac Tdap

Ensuring a healthy pregnancy involves getting vaccinated to protect both you and your baby. Here's a guide to three critical vaccines: Tetvac, Tdap, and Influvac.



#VaccinesPregnancy

Tetvac

(Tetanus Vaccine)

What is Tetvac?

Tetvac protects against tetanus, a serious bacterial infection that can affect both mother and baby during delivery.

When to Get It?

Tetvac is usually administered during the second trimester (around 16-20 weeks) of pregnancy. If you're due for a booster, it's crucial to get vaccinated.

Why It's Important?

Tetanus can be fatal if contracted. This vaccine helps ensure both maternal and newborn health during delivery.





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Tdap

(Tetanus, Diphtheria, Pertussis)

What is Tdap?

The Tdap vaccine protects against tetanus, diphtheria, and pertussis (whooping cough).

When to Get It?

It is recommended to receive the Tdap vaccine during the third trimester (between 27-36 weeks) of each pregnancy, regardless of your previous vaccination history.

Why It's Important?

- **-Tetanus:** Prevents serious infection during childbirth.
- -Diphtheria: Protects against a severe throat infection.
- **-Pertussis:** Provides antibodies to the baby, protecting them from whooping cough, which can be life-threatening in infants.





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Influvac

(Influenza Vaccine)

What is Tdap?

Influvac is the flu vaccine, protecting against seasonal influenza.

When to Get It?

The flu vaccine can be administered at any time during pregnancy, preferably before the flu season starts.

Why It's Important?

For You: Pregnant women are at higher risk for severe illness from the flu, which can also increase the risk of preterm labor.

For Your Baby: Getting the flu vaccine during pregnancy helps protect your baby from the flu for the first few months after birth.









Taking these vaccines as recommended is a key step in ensuring a safe and healthy pregnancy for both you and your baby.

